

September 2026 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>V = vegetarian</i> <i>Vegan = no meat, eggs, or dairy</i>		1 Mushroom & Cheese Pizza, Steamed Vegetables, Fruit <i>V: ok</i> <i>Vegan: No Dairy Pizza</i>	2 Potato Corn Chowder, Grilled Chicken, Rolls, Fruit <i>V: No chicken</i> <i>Vegan: Steamed broccoli & brown rice</i>	3 Baked Ziti, Steamed Vegetables, Fruit <i>V: ok</i> <i>Vegan: Pasta with marinara sauce</i>	4 Vegetable Sushi Rolls, Edamame, Fruit <i>V & Vegan: ok</i>	5
6	7 LMUCC CLOSED University Holiday Labor Day	8 Penne with Bolognese, Grilled Vegetables, Fruit <i>V & Vegan: Vegan Bolognese</i>	9 Black Bean Burger, Baked Sweet Potato Wedges, Fruit <i>V & Vegan: ok</i>	10 Tortilla Soup, Cheddar Cheese, Rolls, Fruit <i>V: ok</i> <i>Vegan: No cheese</i>	11 Lo Mein Noodles with Stir Fried Vegetables & Tofu, Steamed Carrots, Fruit <i>V & Vegan: ok</i>	12
13	14 Tomato Basil Soup, Grilled Cheese Sandwiches, Apples <i>V: ok</i> <i>Vegan: Avocado Sandwiches with Grilled Vegetables</i>	15 Falafel, Hummus, Pita, Fruit <i>V & Vegan: ok</i>	16 Pesto Pasta with Pumpkin Seeds, Black Bean & Corn Salad, Fruit <i>V & Vegan: ok</i>	17 Shepherd's Pie, Asparagus, Oranges <i>V & Vegan: Baked Polenta Cakes with marinara sauce</i>	18 Fish Tacos, Cabbage Salad, Green Salsa, Fruit <i>V & Vegan: Brown Rice & Black Beans</i>	19
20	21 Mushroom & Cheese Pizza, Steamed Vegetables, Fruit <i>V: ok</i> <i>Vegan: No Dairy Pizza</i>	22 Chicken & Rice Soup, Steamed Vegetables, Fruit <i>V & Vegan: Vegetable & Rice Soup</i>	23 Spaghetti & Turkey Meatballs, Steamed Vegetables, Fruit <i>V & Vegan: Spaghetti with marinara sauce</i>	24 Chinese Chicken Salad with Crunchy Noodles, Green Dressing, Oranges, Brown Rice <i>V & Vegan: Marinated Tofu</i>	25 Black Bean Burger, Baked Sweet Potato Wedges, Fruit <i>V & Vegan: ok</i>	26
27	28 Vegetarian Minestrone, Rolls, Fruit <i>V & Vegan: ok</i>	29 Macaroni & Cheese, Crispy Kale, Fruit <i>V: ok</i> <i>Vegan: Pasta with marinara sauce</i>	30 Grilled Chicken, Spanish Rice, Steamed Vegetables, Fruit <i>V & Vegan: Marinated Tofu</i>			